



Supporting Your Child at Home

- *Let your child take safe risks.*
- *Give clear, consistent boundaries about where they can move freely and where they cannot.*
- *Join in with your child's movements.*
- *Enjoy the fun with them and celebrate their movements.*

Please scan the QR code which will take you to our school website with links for further information and reading.



**JABADEO
DEVELOPMENTAL
MOVEMENT PLAY
AT YSGOL
CYNFRAN**



What we do:

At Ysgol Cynfran, Dosbarth Dulas and Dosbarth Betws feature fully equipped movement areas within the classroom, designed to encourage children to roll, spin, crawl, slide, and jump.

Adults participate alongside the children, following their lead to promote self-esteem, confidence, communication and problem-solving skills.

Both children and staff adhere to Jabadeo, a nationally recognised method that supports developmental movement play, based on 5 key movements.



5 Key Movement Skills

Floor Play



Rolling/Spinning



Crawling



Belly Crawling



Pushing / Pulling



Did you know, when children run, jump and climb, they are building muscles for good writing later on?!

