



Friday 14th February 2025

News from Acting Head

Thank you all

It was fantastic to see so many of you at parents' evenings this week. I saw lots of happy faces! Working together to support your children benefits everyone, and we really appreciate your ongoing support. If you couldn't make it but would like to pop in for a chat, please get in touch.

St David's Day

St David's Day falls on the last Saturday of half term this year, and there will be a celebration at the LCRA. To mark the occasion, the children have painted plant pots and planted daffodils. We have also been asked to organise a parade of children to walk from the school to the LCRA at approximately 11am. Some children have expressed interest in taking part, though we understand that others may be away on holiday. Please let us know if your child will be joining the parade by completing this form: <https://forms.office.com/e/FTX67Z981a>

Can you donate a bottle?

The PTFA will be running a bottle tombola at the St David's Day event at the LCRA. If you're able to donate a bottle (of any size), please send it into school.

Swimming

Year 4 have now completed their block of swimming sessions – they were fantastic throughout! Year 3 will begin their sessions after half term, and Mrs Davies will send out further details soon.

School Disco

Next Thursday is the school disco. Dosbarth Dulas and Betws can stay in school to get changed if you wish. Their disco finishes at 4:15pm. Dosbarth Dolwen, Marian, and Elian start at 4:30pm and finish at 6:00pm. Please drop off and collect children from the front of the school.

MW Sports

Due to the school disco, the MW Sports session will take place on Monday instead of Thursday next week.

Half Term

We break up for half term next Friday and will return to school on **Tuesday 4th March**.

Have a wonderful weekend, and see you all next week.

Beth Hughes

Acting Head

Important Dates

Monday 17th February
MW Sports (this is instead of Thurs 20th Feb as it clashes with the disco)

Thursday 20th February
School Disco (details on Notice Board) £4.50
(please pay on parentpay)

Half Term
School Closes – Friday 21st February
School Opens – **Tuesday 4th March**

Tuesday 4th March
Year 3 swimming starts (details to follow)

**Dolwen Road,
Llysfaen, LL29 8SS**
☎ 01492 517326
www.ysgolcynfran.co.uk
pennaeth@cynfran.conwy.sch.uk

Notice Board

Class News

Dosbarth Dulas Meithrin: have been enjoying The Hungry Caterpillar story, we painted our own caterpillars and have decorated heart biscuits for Valentine's Day.

Dosbarth Dulas: Another busy week! We have enjoyed The Hungry Caterpillar story, painted caterpillars with an apple, learnt about halves and quarters, sorted food into healthy and unhealthy and decorated a heart biscuit for Valentine's Day.

Dosbarth Betws: have been discussing sea pollution. The children were very aware and discussed lots of reasons and thoughts. We also celebrated Safer Internet day and looked at staying safe online.

Dosbarth Dolwen: Year 4 pupils in Dosbarth Dolwen enjoyed their last swimming session this week. Year 3 pupils were able to participate in another Internet Safety assembly, and all the pupils met with Reverend Rachel this week.

Dosbarth Marian: have taken part in an Adobe Express lesson on Internet Safety this week and created a poster. They also gave an excellent performance in our Welsh assembly and told the story 'Yr Haul a Gwynt' - Bendigedig.

Dosbarth Elian: have written some excellent descriptions describing the heath, describing Macbeth seeing the witches and the first battle. In maths we learnt what factors, multiples and prime numbers were, helping to reinforce our times tables knowledge and understanding.

Seren Yr Wythnos

Dosbarth Dulas Meithrin: Noah

Dosbarth Dulas: Jack

Dosbarth Betws: Dylan

Dosbarth Dolwen: Amelia

Dosbarth Marian: Isaac

Dosbarth Elian: Thomas



Cymro/Cymraes Yr Wythnos

Dosbarth Dulas Meithrin: Lucas

Dosbarth Dulas: Louie

Dosbarth Betws: Harley

Dosbarth Dolwen: Bryan

Dosbarth Marian: Louie

Dosbarth Elian: Eddie



MW Sports day change

Don't forget that MW is on Monday 17th next week!

Birthday Celebrations

Willow H-E (Dolwen)

Tobie (Dolwen)

Daisy (Dolwen)

Sophia (Dulas)

Kiana (Marian)



REMINDER

Please ring school as early as possible if your child is going to be absent (leave a message) or email

swyddfa@cynfran.conwy.sch.uk

IT'S DISCO TIME

THURSDAY 20TH
FEBRUARY



Children finishing at 3.00pm - 3.15-4.15

(*Children can bring their outfits to school to get changed into*)

Children finishing at 3.15pm - 4.30-6.00

Drop off & pick up - front gate



Disco time (ticket only - pay on parents' day)
4.30 includes meal deal
Monday
Chips
Drink

Bring coin for Pootie
Money Shop - tattoos,
small toys, sweets & crisps



Safeguarding

Our Designated Safeguarding Officers are Mrs Beth Hughes, Mrs Cora Williams & Mr Emberton. If you need to talk to us about any concerns, please contact us at School.

Important

Due to Health & Safety -
Gates will be locked 8.30am - 9.30am
11.00am - 1.00pm
2.30pm - 3.30pm

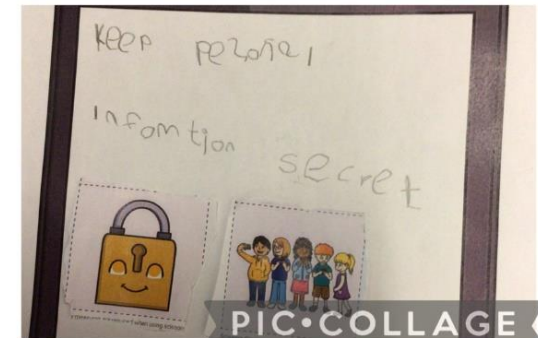
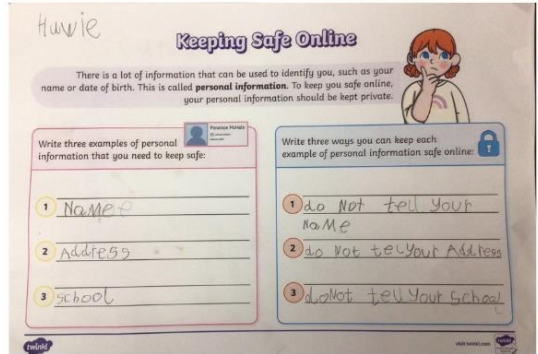
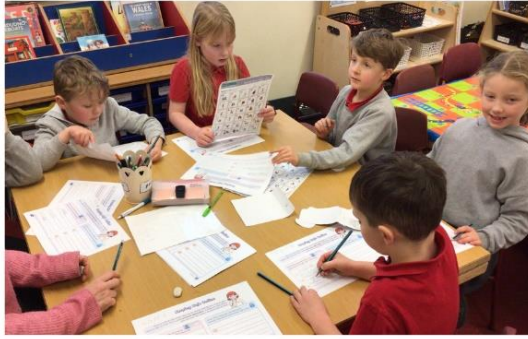
If you need to access the car park for an agreed reason, you will need to call the office
01492 517326

Please use the steps down to nursery/reception class

Dosbarth Dulas' week in pictures ...



Dosbarth Betws & Dosbarth Dolwen's week in pictures ...

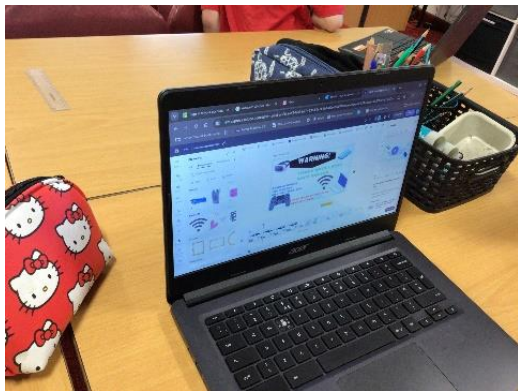


Dosbarth Marian's week in pictures ...



Dosbarth Elian's week in pictures ...

Adobe Internet Safer Day video



Notice Board (2)

FFIT CONWY THINGS TO DO THIS HALF TERM!
24 - 28 FEBRUARY 2025
(Booking essential)

To book or find out more: 0300 456 95 25 hamdden.lease@conwy.gov.uk

SPORTS CAMP | LLANDUDNO
Every day: Monday 24 February - Friday 28 February
8:30am - 4:30pm Age: 5-11
Llandudno Swimming Centre and John Bright Leisure Centre
Swimming every day 8am - 10am and then walk over to John Bright Leisure Centre for a day of fun!
A variety of sports delivered by qualified coaches to include: Dodgeball, Trampoline, Roller skating, Basket sports and Team sports (Daily timetable)
Cost: £25 per day (£23 if child is on a swim direct debit)

MULTI SPORTS CAMP | DYFFRYN CONWY LEISURE CENTRE, LLANRWST
Thursday 27 February
10:00am - 2:30pm Age: 5-9
Kids to wear appropriate clothing and long hair tied back. Also, bring a lunch box with plenty to drink.
Cost: £18

GYMNASTICS CAMP | DYFFRYN CONWY LEISURE CENTRE, LLANRWST
Monday 24 February & Friday 28 February
10:00am - 2:30pm Age: 5-9
Spend your day with our fun and enthusiastic gymnastics coaches! Our gymnastic camps are action packed with exploring a wide range of gymnastic equipment, developing gymnastics skills along with lots of fun and games. Perfect for budding gymnasts!
Kids wear appropriate clothing and long hair tied back. Also bring socks and a lunch box with plenty to drink. Cost: £18

NEW! FFIT CONWY MARTIAL ARTS CLUB
JOHN BRIGHT LEISURE CENTRE, LLANDUDNO - SHINPIZUMI DOJO - JUIJITSU
Tuesdays & Thursdays (Starts 4th March)
6pm - 7pm: Concessions (aged 9-15)
7pm - 8pm: Adults (aged 16+)

Cost (for two sessions per week):
Concessions (aged 9-15): £45, which includes public swimming at no extra cost.
Adults (aged 16+): £90, which includes Full FFIT Conwy Membership at no extra cost.
Weekly direct debit.

FREE TASTER SESSIONS
TUESDAY 25 FEB
THURSDAY 27 FEB

HALF TERM: FREE TASTER SESSIONS WITH SENSI TERRY.
Tuesday 25 Feb and Thursday 27 Feb
Concessions: 7pm - 8pm Adults: 7pm - 8pm
To register for the taster sessions or for further please call 0300 456 9525.

RESPECT | SELF CONFIDENCE | SELF ESTEEM | CONFIDENCE | FUN

INTENSIVE SWIMMING LESSONS | ABERCEGLLE & LLANDUDNO
Monday 24 February - Friday 28 February
ABERCEGLLE LEISURE CENTRE
Wave 1 & 2: 10:10am - 10:40am | 10:45am - 11:15am | 11:20am - 11:50am
Wave 3: 10:45am - 11:15am | 11:20am - 11:50am
Wave 4 & 5: 10:10am - 10:40am

LLANDUDNO SWIMMING CENTRE
Wave 1 & 2: 10:10am - 10:40am | 10:45am - 11:15am | 11:20am - 11:50am
Wave 3: 10:10am - 10:40am | 10:45am - 11:15am | 11:20am - 11:50am
Cost: £22.25

The lessons (also known as Waves), delivered by FFIT Conwy, follows the Swim Wales nationally recognised system, helping children aged 4+ build essential swimming and aquatic skills.
They are taught necessary swimming and aquatic skills to swim and to take part in other aquatic activities such as Bookie Lifesaving, Competitive Swimming and Water Polo. Kids also gain vital water safety skills - like swimming in clothes, treading water, and swimming without goggles.

ROOKIE / BEACH LIFEGUARD INTENSIVE LESSONS | COLWYN LEISURE CENTRE
Monday 24 February - Friday 28 February 9am - 11am
Rookie/Beach Lifeguard Intensive is suitable for swimmers aged 8+ (seven 6+)
Our programme offers the first opportunity to explore water safety, gradually gaining independence and confidence while learning vital life skills.
It will inspire and embolden your child, helping them keep themselves, their friends and their family safe in the water through a range of fun activities that lead towards a series of awards.
Cost: £44

RLSS (NPLQ) NATIONAL POOL LIFEGUARD QUALIFICATION (16+)
COLWYN LEISURE CENTRE
22 February - 28 February
Cost: £280 includes assessment
For pre-requisites and further information go to: www.ffitconwy.co.uk
Email: hamdden.lease@conwy.gov.uk Tel: 0300 456 95 23

CHILDREN'S BIRTHDAY PARTIES CELEBRATE WITH US!

To book: 0300 456 95 25
More information: hamdden.lease@conwy.gov.uk
FFITCONWY.CO.UK

Lung Cancer Screening Survey

Public Health Wales is looking at how a new lung cancer screening programme can be introduced in Wales.

We want to hear from you if you are

- Living in Wales
- Aged 50 – 75 years
- A current or previous tobacco smoker

You can tell us what you think about lung cancer screening by completing our survey. It will take about 10 minutes to complete.

[Lung Cancer Screening](#)

Your answers will be stored anonymously. This means we will not ask your name, and you will not be identified.

By sharing your views, you can help shape this new service.

Thank you for your support.

FREE **FFIT CONWY** **FREE**

FOREST PLAY

This February half term the play team will be running family sessions across woodland play spaces in Conwy.

We will have a variety of stations with crafts, cooking on the fire, den making with tools and woodwork.

MONDAY
3:00PM - 5:30PM
Merrill Woods, Llandudno Junction, LL31 9JA
Suitable for children aged 5+

WEDNESDAY
3:00PM - 5:30PM
Bodlondeb Woods, Conwy, LL32 9DH
Suitable for children aged 5+

For further information please message the page or email: leisuredevelopment@conwy.gov.uk

FREE

Activities

FFIT CONWY

HAVE A GO!

MONDAY
LLANFAIRFECHAN RECREATION GROUND / LL33 OPG
6:30PM - 8PM

WEDNESDAY
H.W.B. PENMACHNO / LL24 OUP
6:30PM - 8PM

FRIDAY
KALLE KOPEC MUGA, PENMAENMAWR / LL34 6AB
6:30PM - 8PM

COME AND HAVE A GO!
SESSIONS ARE SUITABLE FOR YOUNG PEOPLE AGED 11+.
THERE WILL BE LOTS OF ACTIVITIES FOR YOU TO TRY AND A SAFE SPACE FOR YOU TO MEET UP WITH FRIENDS.

Funded by UK Government



February Half Term 2025

PLAYING OUT

Free to attend & No need to pre book.

Wear clothes that can get mucky!

Day	10:30am-12:00pm	1:30pm-3pm
Tuesday February 25th	Bryn Cadno, Colwyn Heights, LL29 6DW	Tan Y Lan, Old Colwyn, LL29 9EB
Wednesday February 26th	Eirias Park, Colwyn Bay, LL29 8HF	Queens Park, Craig Y Don, LL30 1TY
Thursday February 27th	Church Road Park, Rhos On Sea, LL28 4DJ	Plas Mawr Parc, Penmaenmawr, LL34 6JA
Friday February 28th	Llanfairfechan Recreation Ground, LL33 0DA	Min Y Don, Old Colwyn, LL29 9SF

For more information contact: leisuredevelopment@conwy.gov.uk

FFIT CONWY

TOWN COUNCIL • CYMROR YFEL • PENMAENMAWR

CONWY • TRAFLET BAE CONWY • BAY OF COLWYN TOWN COUNCIL

All sessions are funded by Town and Community councils.

For more information contact: leisuredevelopment@conwy.gov.uk